



Fort Nelson First Nation | Health & Community Services Department

RR1 Mile 295 Alaska Highway

Fort Nelson, BC V0C 1R0

T: 250.774.2300

F: 250.774.7989

fortnelsonfirstnation.org

EXTRA-CURRICULAR ACTIVITIES FUNDING POLICY

Purpose

Fort Nelson First Nation is committed in promoting healthy lifestyles and developing social programs that provide Members with positive peer interactions, opportunities to develop problem-solving skills, develop feelings of competence, connectedness and empowerment among members.

Scope

Youth engaged in extra-curricular activities build character and develop life skills such as:

- Develops athletic abilities
- Develop Social Skills
- Increases self-esteem and increase feelings of self-confidence
- Develops cognitive competencies
- Exercise helps combat depression
- A fit body is a healthy body
- Provides positive role-models and mentors
- Develops decision-making skills
- Provide antisocial and antidote behaviors

Qualified Activities

Baseball and softball
Basketball
Bodybuilding
Dance Team
Golf
Gymnastics

Hiking Club
Hockey
Martial Arts
Skiing Club
Soccer
Swimming

Tennis
Volleyball
Water Fitness
Yoga Club
Handgames
Exercise & Fitness Programs

Eligibility

Fort Nelson First Nation agrees to support its members, who wish to participate in Extra Curricular Activities by providing the following:

- FNN will provide on-going community based programs and recreational activities throughout the year for all members
- FNN will pay the membership fees, up to a maximum of \$400/year for an organized sports/healthy activity program for Youth up to 19 years of age. And \$200/year for members 20 years and up.
- FNN will provide a maximum of \$2000/year for Team Sponsorship for members who coordinate teams to compete in organized sports tournaments or a maximum of \$400/year for individual members on a team organized by others.

Administration

The Extra Curricular Activities program will be administered by the Health and Wellness Department. The Health Services Coordinator will ensure the following:

"For as long as the sun shines, the grass grows and the rivers flow."

- Confirmation of Band Membership
- Confirmation of registration for Sport/Activity
- Confirmation of Invoice/Receipt for registration, for reimbursement of expense. Where the Fort Nelson First Nation is able to pay directly to the program organizer, reimbursement will not be required.
- No prior fiscal year expenses will be reimbursed
- Maximum of \$400/year can be utilized to either one program or a combination of programs, not exceeding the maximum amount.
- Confirmation of Member meeting the criteria of the Extra Policy on Extra-Curricular Activities
- A database will be developed to track the members who have received the funding.